

WARRIOR ONE
EPISODE #1 - HAPPY BABY

Written by

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FADE IN:

INT - YOGA STUDIO - DAY

Cassie (27) holds the Warrior One position.

CASSIE
Focused and relaxed. Find your
center. Now down into Happy Baby.
That's it. Quiet and still.

Cassie lies down on her back. Elbows between her knees.
Hands on her feet.

CASSIE (CONT'D)
Very good class. Feel all the
stress and tension leaving your
body. Very quiet. Very still.

SFX: A phone rings. But not just any ringtone, it's Toto.
Africa. A classic.

Cassie is distracted. Then she finds her center. All good. No
judgement here.

CASSIE (CONT'D)
We're staying in the moment. Happy
Baby.

SFX: The phone is silenced.

Cassie smiles. Ahh. Much better.

CASSIE (CONT'D)
Let it go. All your worries, all
your concerns, you're in the
moment. Breathing...

SFX: Africa. Again. Such a good song. Who wouldn't want that
as a ringtone?

CASSIE (CONT'D)
Ignoring any external distractions
now. Any noises or sounds that you
might be hearing.

Jackson (40's) Is in Happy Baby.

Except for his right hand which is reaching for his cell.

A - l - m - o - s - t. G - o - t. I - t.

Finally! He gets hold of his phone and answers it.

A loud whisper.

JACKSON
I can't talk right now, I'm with a
client.

Jackson returns to full Happy Baby, holding his cell phone
against his feet.

SFX: Voice on phone.

He ignores the shouting on his phone. Closes his eyes.

Jackson tries to muffle the sound by sandwiching the phone
between his feet.

Doesn't work.

He puts the phone back to his ear.

JACKSON (CONT'D)
I cant talk right now! I'm in a
meeting with a very important
client!

He slams the phone on the floor and returns to Happy Baby.
More shouting on the other end. Finally he gives up.

JACKSON (CONT'D)
I'm sorry, I have to take this.

TIGHT ON CASSIE.

A forced smile :)

CASSIE
No problem.

CASSIE'S PERSPECTIVE LOOKING AT CEILING

Jackson's head pops into frame.

JACKSON
I'm really sorry.

CASSIE
It's ok.

WIDE SHOT OF THE STUDIO.

It's just Cassie and Jackson.

There's no one else in the class.

Jackson gathers his yoga mat, cell phone, and water bottle.

He puts the phone to his ear.

JACKSON

I'm on my way.

Jackson leaves the studio.

Cassie is alone in Happy Baby.

CASSIE

Ok class, deep breath. Out with the bad. In with the good. You can do it. You're almost there...

EXT. - TALL AND IMPRESSIVE CORPORATE BLDG - DAY

Jackson steps out of his Tesla and flips the keys to a valet.

JACKSON

Keep it close.

The valet drives off. Jackson surveys the building from the gleaming glass front to the putting greened roof.

Then, we hear the familiar, Africa, ring tone. Jackson nods his head to the beat and picks up.

JACKSON (CONT'D)

Brother, are you ready to rock it?

Evidently, he's not, cause Jackson get's a really confused look on his face.

JACKSON (CONT'D)

What? That can't be happening!
Alright, stay cool. Give me a minute, I'll call you back.

Jackson hangs up the phone and gets the following 3 looks on his face in this order.

1. Intense concentration. 2. Panic. 3. Curiosity.

That feeling, what is it? He's felt it before...

Oh yeah, that's it.

Jackson passes out. His face squishes against the glass front of the building then he sprawls across the pavers.

Black.

INT - YOGA STUDIO - DAY

Cassie is still on her back in Happy Baby.

CEILING FROM CASSIE'S POV.

Elwood's (30's) head pops into frame just like Jackson's did in the first scene.

ELWOOD

Cassie?

Elwood is very polite. Southern. Emigrated from Vietnam when he was a teenager so he's also got a weird accent going on. Anyhow...

ELWOOD (CONT'D)

Cassie, are you having a class?

CASSIE

Just finishing.

ELWOOD

I'm so sorry to interrupt you during class. Might I have a minute of your time.

The studio is still empty. We get the impression she's been holding Happy Baby for a while now.

CASSIE

Woody, I know I'm a little behind.

ELWOOD

Actually, Miss Cassie you're 3 months behind, I'm afraid, if it's not too much trouble, I'm gonna have to ask you to vacate the property.

CASSIE'S POV OF THE CEILING

Elwood's head pops back into frame.

ELWOOD (CONT'D)

Cassie. Miss Cassie?

Cassie attempts to center herself. She breaths deep and exhales.

CASSIE
Happy Baby, Happy Baby.

ELWOOD
Excuse me. Miss Cassie?

Cassie gives up, it's not gonna work.

CASSIE
Elwood, could you hand me my water
bottle?

Elwood hands her the water bottle and looks at her sympathetically. The water bottle has a peace sign and a slogan, "Enjoy the journey." Cassie takes a sip.

CASSIE (CONT'D)
I need to stay hydrated.

Elwood nods. Lays down on the floor beside her. They stare at the ceiling.

So does Jackson.

INT. HOSPITAL - DAY

He's in a hospital bed. His business partner, Roland, stands beside him. Roland is another career driven business dude like Jackson. But more jacked.

ROLAND
You've got to get it together man,
we have delivery in 3 months.
That's 90 days.

JACKSON
It's just a little anxiety. I'll be
fine.

ROLAND
Your blood pressure is 180 over 90.
Your cholesterol's over 500. What
are you eating? White bread? You're
not eating white bread are you?
From the grocery store. The regular
grocery store?

JACKSON
This has happened before.

ROLAND

You've gotta get centered man. You need to listen to some Brian Eno, or get yourself an adult coloring book. Do some deep breathing. Practice mindfulness, you know? Block everything out. There's an app for that.

JACKSON

How did the meeting go?

ROLAND

You can't have a meeting when half the company is passed out in the back of an ambulance.

JACKSON

Let's get out of here.

ROLAND

No.

JACKSON

Come on. We've got work to do.

ROLAND

You're not coming back to work. If you don't get yourself healthy we're done.

JACKSON

What?

ROLAND

You've got 90 days to get yourself together. I'm sorry Jack, I'm putting you on notice.

JACKSON

What about the meeting?

ROLAND

I'm not kidding. 90 days. Get yourself healthy or you're out.

Roland leaves. The door closes. Jack looks at the yoga mat rolled up and lying on the chair.

EXT. YOGA STUDIO - DAY

Jack arrives at the studio in his Tesla.

Elwood is peeling the lettering off the door. He takes a break to dump a Mountain Dew into Cassie's "Enjoy the journey," water bottle.

Then he squeezes the refreshing drink into his mouth as he watches Jack get out of his car. Ahh, tastes like home.

Jack approaches Elwood.

JACKSON

What's going on? Where's Cassie?

ELWOOD

Ah well, Seems like the contracted remunerations were a bit beyond her ability to make recompense in a timely manner.

JACKSON

What? No.. I need her. Where is she?

Jackson catches sight of Cassie inside. He pushes past Elwood, get inside the studio and walks up to Cassie who is packing a box.

INT. YOGA STUDIO - DAY

JACKSON

What's going on?

Cassie rushes to Jack and hugs him. Jackson is taken aback by this gesture and Cassie quickly notices that she showed a little more emotion than she intended.

She pulls herself back.

CASSIE

I lost the studio. I couldn't make rent. And not just the rent. It's the electric, the water, the insurance...I've been losing money since the day I opened this place.

JACKSON

You have classes all day.

CASSIE

No one comes.

JACKSON

What do you mean no one comes?

CASSIE
There's no one here, it's just me.

JACKSON
But you're so good.

CASSIE
It's doesn't matter, It's over. I'm
out of here. See ya Jack.

Cassie picks up her box.

Jack steps in front of her.

JACKSON
You can't close. I need you.

INT - YOGA STUDIO OFFICE - DAY

Cassie and Jackson sit in the office.

CASSIE
You can't even stay off your phone
during class.

JACKSON
I realize that was wrong. I want to
change. I can silence it. Or put it
on vibrate.

CASSIE
Why don't you just go somewhere
else?

JACKSON
Your studio is in my building. If I
actually had to go somewhere I'd
never do it.

CASSIE
I have no money, I'm broke.

JACKSON
I could loan it to you.

CASSIE
I can't take your money.

JACKSON
I didn't say take it. I'm not just
gonna give it to you.

CASSIE

No?

JACKSON

We can become partners.

CASSIE

That will never work.

JACKSON

I have 90 days to get myself together or I'm gonna lose the biggest opportunity of my life. I've been working on this for over 7 years, and I'm not gonna let it slip away.

CASSIE

What do you know about yoga?

JACKSON

Nothing. But I know you're great. I bring the money you bring the talent. I get myself healthy and you get back on your feet.

CASSIE

I hardly know you.

JACKSON

What have you got to lose?

Cassie thinks it over for a minute.

CASSIE

So, you'd pay all the bills, I'd teach the classes. And we split the money 50/50?

JACKSON

This is what I do. I make money.

CASSIE

And this is what I do, I teach yoga. And if you wanna get healthy you've do everything I say...diet, nutrition, exercise, what I say goes. No excuses. No exceptions.

JACKSON

Fine. And I'll expect the same from you. I'm head of sales, marketing, advertising, finance...I'm COO...that means I run this place.

CASSIE

Fine.

JACKSON

Alright, lets talk strategy.

CASSIE

I know, I need to work harder, get more clients.

JACKSON

No, you need something fresh. A new approach. Yoga studio are a dime a dozen. We need something that will stand out. Something I can sell. Do you have any ideas?

CASSIE

I have tons of ideas, I just never had the opportunity.

JACKSON

Well, you've got it now.

CASSIE

Oh my goodness, this is amazing.

JACKSON

Lay it on me, whatcha got?

CASSIE

Goat Yoga.

FADE OUT:

SFX. A GOAT BLEAT